

You may qualify for the cancer screening program if you:

- Are a Delaware resident
- Meet income guidelines
- Are uninsured or underinsured (health insurance that does not cover cancer screenings)
- Are not Medicaid-eligible

Here is a handy guide to screenings/vaccines:

	Recommended Age	Screening or Vaccine	How Often
Breast	Women 18 to 39	Clinical Breast Exam (CBE)	Annually
	Women 40 and Older ^{1,2,3}	Mammogram and CBE	Annually
Cervical	Women 21 to 29 ^{1,2}	Pap Test	Every 3 years
	Women 21 to 64 ^{1,2}	Pelvic Exam	Annually
	Women 30 to 64	Pap Test, Pelvic Exam and HPV Test	Every 3 years or every 5 years with HPV co-testing
Colon	Men and Women 50 and Older ^{1,2,3}	Colonoscopy	Every 10 years
Lung	Men and Women 55 to 80 who: <ul style="list-style-type: none"> • Smoke or have smoked a pack a day for 30 or more years or two packs a day for 15 or more years • Currently smoke or quit smoking within the last 15 years 	Low-Dose CT Scan	Talk to your doctor to determine if a lung cancer screening is recommended
Prostate	Average Risk: Men 50 and Older ^{1,2,3}	Prostate-Specific Antigen (PSA) Test with or without a Digital Rectal Exam (DRE)	Talk to your doctor to determine if prostate screening is recommended
	High Risk: African-American Men 40 and Older		

¹Talk with your doctor about individual screening recommendations.

²Individuals 65 years of age and older who are not eligible for Medicare also may qualify for free screening.

³Individuals with a family history of cancer may qualify for screening at an earlier age.

Per Screening for Life guidelines dated June 24, 2015.

Get screened for cancer when it can be detected early.

Screening for Life (SFL) can help you schedule your cancer screening. If cancer is detected, SFL can help you enroll in a program that covers the cost of your treatment.

Need a primary care doctor? *The Health Care Connection (HCC)* can help you find one.

Call **302-744-1040** or **2-1-1** for more information or to enroll. Monday–Friday 8:00 a.m.–4:00 p.m.

